

WORKPLACE INJURIES BY THE NUMBERS



Every 7 seconds... a worker is injured on the job.

510
per hour

12,600
a day

88,500
a week

4,600,000
a year



104,000,000 = Production days lost due to work-related injuries in 2017

Most common types of injuries keeping workers away from work



Sprains, strains or tears



Soreness or pain



Cuts, lacerations or punctures

TOP 3 workplace injury events resulting in lost work days

1. OVEREXERTION

- Lifting or lowering
- Repetitive motions

33.54%
OF INJURIES

2. CONTACT WITH OBJECTS AND EQUIPMENT

- Struck by or against object or equipment
- Caught in or compressed by equipment or objects
- Struck, caught or crushed in collapsing structure, equipment or material

26%
OF INJURIES

3. SLIPS, TRIPS AND FALLS

- Falls to a lower level
- Falls on the same level

25.8%
OF INJURIES

Helpful Tips:

- Avoid bending, reaching and twisting when lifting
- Take frequent short breaks

- Store heavy objects close to the floor
- Be aware of moving equipment/objects in your work area
- Wear the proper personal protective equipment

- Place the base of ladders on an even, solid surface
- Use good housekeeping practices

TOP 5 occupations with the largest number of workplace injuries resulting in days away from work



1.

Service

(includes firefighters and police)



2.

**Transportation/
Shipping**



3.

**Manufacturing/
Production**



4.

**Installation,
maintenance
and repair**



5.

Construction



Employers should take action to spare workers needless pain and suffering.

While your safety is ultimately your employer's responsibility, we must each decide to make safe choices every day.

Take the pledge to be **SafeAtWork** at [nsc.org/workpledge](https://www.nsc.org/workpledge).