Impairment affects your workforce and bottom line

Impairment from fatigue, stress, mental distress, alcohol and other substances can put employees and your entire workplace at risk.

Safety

Substance Use Disorders
Mental Health Distress
Sleep Problems
have been found to INCREASE RISK for workplace safety incidents and/or injuries

Wellbeing

70% of people with a substance use disorder are in the workforce, nearly
20% of Americans live with a mental illness and more than
43% of employees are sleep-deprived

Cost

Employers spend an annual average of:

- Untreated sleep disorder: $3,500 per employee
- Untreated substance use disorder: $8,817 per employee
- Experiencing mental distress: $15,000 per employee

Addressing these interrelated factors can help your workforce and save on costs.

Visit nsc.org/Impairment to learn more.

https://www.nimeh.nh.gov/health/statistics/mental-illness
https://cloud.safe.nsc.org/fatigue-report-k_ga-z.244282245.1850597643.1640806682-748659383.1529952873
https://www.nsc.org/forms/real-costs-of-fatigue-calculator
https://www.nsc.org/newsroom/new-mental-health-cost-calculator-demonstrates-only

National Safety Council