

# Impairment affects your workforce and bottom line

Impairment from fatigue, stress, mental distress, alcohol and other substances can put employees and your entire workplace at risk.

## SAFETY

Substance Use Disorders  
Mental Health Distress

Sleep Problems

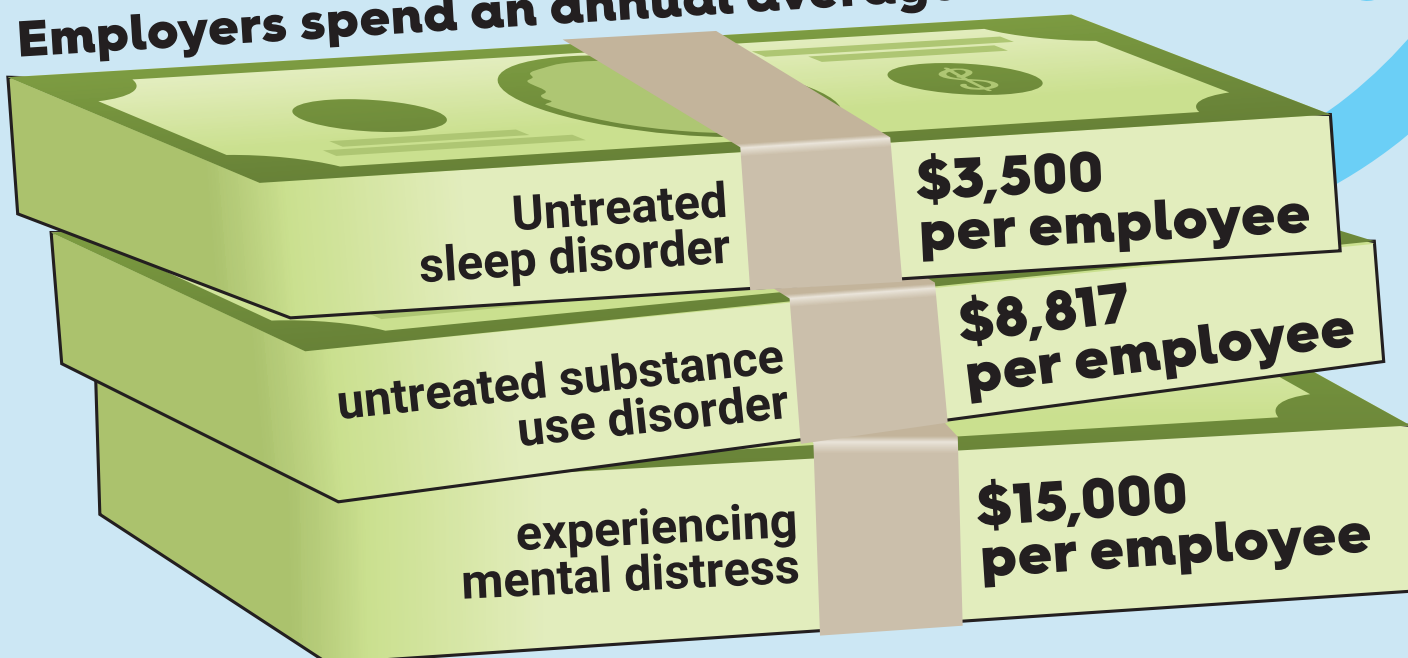
have been found to **INCREASE RISK** for workplace safety incidents and/or injuries

## WELLBEING

70% of people with a substance use disorder are in the workforce, nearly **20% of Americans** live with a mental illness and more than **43% of employees** are sleep-deprived

## COST

Employers spend an annual average of:



Addressing these interrelated factors can help your workforce and save on costs.

Visit [nsc.org/Impairment](https://www.nsc.org/Impairment) to learn more.